



Pregnancy Resources

September 2021 Davenport

Parents who are expecting a baby or have a child in diapers will receive 24 diapers for each class attended.

Each class may only be attended once during a pregnancy.

Taking 1 class qualifies you to shop at Bella's Boutique.

Taking 4 classes qualifies you for a brand new free car seat.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Centers Open at Noon No Morning Classes 2:00 — Baby Basics #4 3:15 — Active Parenting #1	2 5:15 — Baby Basics #1 5:30 — Being a Father 6:15 — Budgeting 6:30 — Dr. Dad	3	4
5	6 Centers Closed No Classes Offered	7 By Appt. — Bella's Boutique	8 10:30 — Healthy Pregnancy #1 11:30 — Women of the Bible 3:15 — Active Parenting #2	9 5:15 — Baby Basics #2 5:30 — Being a Father 6:15 — Active Parenting #1 6:30 — Dr. Dad	We have a new class starting on Thursday mornings! Nutrition classes with Suzanne Tanner from Iowa State University Extension Services will teach cooking on a budget, new recipes, exercise, and help for picky eaters. Each class will involve actual cooking and a free gift to help you in the kitchen. Sign up now by calling (563)386-3737!	
12	13	14 By Appt. — Bella's Boutique	15 10:30 — Healthy Pregnancy #2 11:30 — Breastfeeding 3:15 — Active Parenting #3	16 5:15 — Baby Basics #3 5:30 — Being a Father 6:15 — Active Parenting #2 6:30 — Dr. Dad		
19	20 Fall Diaper & Clothing Giveaway 10:00—12:00	21	22 10:30 — Healthy Pregnancy #3 11:30 — Women of the Bible 3:15 — Active Parenting #4	23 5:15 — Baby Basics #4 5:30 — Being a Father 6:15 — Active Parenting #3 6:30 — Dr. Dad		
26	27	28 By Appt. — Bella's Boutique	29 10:30 — Healthy Pregnancy #4 11:30 — Women of the Bible 3:15 — Active Parenting #5	30 10:30 — Nutrition 5:15 — Healthy Pregnancy #1 5:30 — Being a Father 6:15 — Active Parenting #4 6:30 — Dr. Dad		

2706 W. Central Park Ave.
Davenport, IA 52804

(563)386-3737

**Class schedule can be viewed at www.qcpregnancy.org
Class schedule is subject to change. Please call ahead for an appointment.**